

INTERNATIONAL INDIAN SCHOOL, TABUK

TERM- 1 (SESSION: 2025-26)

PRACTICE SHEETS - 3

CLASS: III A/B SUBJECT: EVS TOPIC: Ch.3.Good Food

I	Put a tick on the correct	option.			
	1.Paranthas are cooked by				
	a.Shallow frying	b.Steaming	c.Deep frying		
	2.These are protective foods.				
	a.Fruits	b.Vegetables	c.Both fruits and vegetables		
	3.Rice and chapatti are				
	a.Spices	b.Energy giving foods	c.Body building foods		
II	Fill in the blanks.				
	1 foods he	lp us to fight diseases.			
	2.In, foc	od is cooked over fire.			
	3 aı	nd are	e two milk products.		
Ш	Write one or two lines a	bout each of the following.			
	1.Frying -				

	2.Spices-
IV	Answer the following questions.
	1.Why do we cook food?
	2.List two uses of honey.
	3.Why do we need to eat food?
	4. Draw and colour two protective food.

	Ch.4.An ideal home				
I	Put a tick on the correct option.				
	1.Igloos are made in	·			
	a. Iceland	b.Nainital	c.Punjab		
	2.Houses on stilt are four	nd in			
	a.Kerela	b.Kashmir	c.Assam		
	3.Mud houses are made i	in			
	a.Plains	b.Hills	c.Deserts		
II	Encircle the things used to keep the house clean.				
	1. SSECONIC - resu Austrealinds	White Phenyl A+ GRADE	3.		
	4. shutterstock.com·2132244247	5. Market	Wiper 6. shutterstock.com - 1336416329		
III	Answer the following qu	estions.			
	1.What are the factors th	at people keep in mind v	while making their houses?		
	2.Why do we need a hou	se?			
	3.List four things used to	keep a house clean.			

		Ch.5.	Clothes: /	A basic need	
I	Put a tick on the correct option.				
	1.Clothes protect	1.Clothes protect us from			
	a.heat	b.cold	c.clo	othing	
	2.This is a man-m	iade fibre.			
	a.Jute	b.Cotton	c.R	ayon	
	3.Basic human ne	3.Basic human needs are food, shelter and			
	a.Clothing	b.Internet	c.T	elevision	
	4.Silk is obtained	from			
	a.flax	b.bamboo	plant c.	Silk worm	
II	Fill in the blanks.				
	1.We can identify a soldier by looking at his				
	2.Clothes keep us	safe and	•		
	3. We wear	in	rainy seasor	1.	
Ш	Circle the odd one out.				
	1.Silk	Nylon	Wool	Cotton	
	2.Doctor	Policeman	Nurse	Businessman	
	3.Sweater	T- Shirt	Jacket	Coat	
IV	Answer the following questions.				
	1.What kind of cl	othes are wor	n in summer	?	
	2.How can we tal	ke care of our	clothes?		

3. Why there is a need for different types of clothes?